

PATENT**PENDING CLAIMS AS AMENDED**

Please amend claim 1 as indicated below.

1. (Previously Presented) A method for transmitting data comprising the steps of:
transmitting a message indicative of the rate of said data prior to and independent of data transmission and the time interval over which said data will be transmitted at said rate; and
transmitting said data at said rate during said time interval using one data transmission channel.

2. (Previously Presented) The method of Claim 1 wherein said message comprises:
an indication of the frame type;
an indication of said rate of said data; and
an indication of said time interval.

3. (Original) The method of Claim 1 wherein said message comprises:
a two bit indication of the frame type;
a four bit indication of said rate of said data; and
a four bit indication of said time interval.